

SEPTEMBER NEWS

6th September 2022 Volume 6 Issue 1



WOODMANSEY CE
PRIMARY SCHOOL



This newsletter is
posted on the
website:
www.woodmanseyprimary.school

From the website it
is possible to click on
the **SCHOOL BLOG**
which is an online
photographic diary
of life at the school.



You've got a friend in us...

Dear Parents, Carers, Governors, Friends, Staff and Pupils

A warm welcome to those starting at Woodmansey CE Primary School for the first time in various year groups including our new starters in the Foundation Year. You are now officially a member of our family, and we couldn't be happier to have you with us.

The start of a new school year, whether it is your first experience or not, is one filled with mixed emotions but I know that once the school doors open and we welcome the children back inside then normality will have resumed.

As always I am indebted to Mr. Taylor who has, as always, transformed our school into a shiny new pin over the holidays, this year with the added complications of trying to work in and amongst an army of contractors completing our new school roof and transforming our hall.

I must also thank the local authority and the Houlton group. They have worked around our summer sports day, fire drills, Y6 rehearsal and

performances and all worked so passionately to restore our hall to its original beauty. This has been no easy task. The school roof and beams have been fairly untouched since 1856 when the school was built so it was largely a guessing game to what they may find as they removed the first tiles!

Once the final touches are complete, the hall will be open for you to come and have a look at the transformation and a room which will house generations of Woodmansey children to come. We feel very lucky and privileged to have received such an investment.

Over the summer we have all been hearing more and more about the rise in the cost of living. The cost of food has increased over the year, petrol rocketed to highest seen prices and now the prices of gas and electric are set to rise astronomically. As a school, we are not exempt from the same increases and are trying to find solutions without limiting the experiences your children value so

much in school. Like all households we cannot magic extra money from nowhere and like all businesses we eventually have to pass on costs. But I am acutely aware that the school has an impact on family budgets as much as any other organisation.

The coming winter months will be a worry for many if not most families this year and I wanted to urge any of you who may be concerned about the cost of living and how this impacts on funding for your child in school, such as dinners/educational visits/uniform etc to please, please come and speak to me in confidence.

Working together I am convinced that there is much we can do to support families. These are summarised on the next page, but as indicated in the Summer I welcome suggestions from all our community of how we can support families through what is clearly going to be a financially tough year ahead.

COST OF LIVING CRISIS

How can we help?

School Meals

Our school meals have been priced at £2.60 for many years and we have decided to freeze this price for a further 12 months to support families, despite rising costs for schools. The weekly (5 meals) charge will also remain at £11. This is a saving of £2 a week for families and I hope will mean that I can help protect the family purse. Please note if there are just 4 days in a week the cost will be £10. Remember meals are free for FY, Year 1 and Year 2. In addition there are multiple options everyday so there should always be something the children will enjoy.

Educational Visits

We have looked at the pattern and spread of Educational Visits hopefully **spreading the load**. In addition we are hoping to get prices for the whole year of visits published within the month. It will then enable parents/carers to plan and if preferred, pay for the visits in instalments. See next page for proposal.

Special days in school.

Children love to dress up for these days and in October we will have our History Day to look forward to. We will endeavour to ensure there are always simple **cost free options**. In addition I am looking at the possibility for setting up a costume rail in school from which costumes can be borrowed. We remain open to donations of dressing up clothes and hats too!

Uniform

The cost of School Uniform is often featured in the news. We operate on a very small profit basis and this goes to a fund which pays for unique support for the pupils such as the Platinum Jubilee day. The only branded item which is required is the blue sweatshirt or cardigan. **The polo shirt can be unbranded** as long as it matches the colours allowed - white or sunflower yellow.

Remember the PTFA operate a **second hand uniform service** at regular intervals. We are grateful for parents/carers donating items for the shop.

Charity Fundraising

Woodmansey pupils and their families have always been extremely generous in supporting the annual fund raising appeal. **This can also put unintended pressure on families**. Our Charity campaign will continue as at these times, the need is even greater. However, we will make it clear how any on line donations can be anonymous. The campaign will be more "flexible" this year enabling pupils to engage in a variety of ways.

We shall reorganise the Christmas Shoebox appeal so that those who cannot send a box, can be involved in the shared creation of boxes boosted hopefully by business sponsorship of items. The presentation of the boxes will be changed to focus on the collective response.

Further Support

If your child is entitled to Free School Meals due to family circumstances, it is vital that the school is informed as there will be further ways in which we can support the family.

The East Riding Council has an excellent support page for families. There are all sorts of grants available including clothing grants. All available via the following link: <https://www.eastriding.gov.uk/housing/housing-benefit-and-council-tax-support/other-available-benefits/?locale=en>

If anyone at anytime needs to talk in confidence about how the school can support in anyway, please do not hesitate to contact me or the school office as you wish.



Thank you for all the suggestions so far made. I welcome further suggestions of how the school and I can help families in the year ahead.

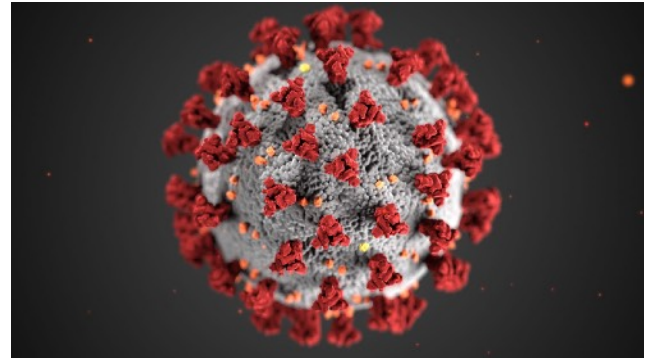
THE SIMPLE GUIDE TO LIVING WITH RESPIRATORY INFECTIONS IN SCHOOL

There is no change from the information posted in the May 2022 Newsletter.

Most people can no longer access free testing for COVID-19. The symptoms of COVID-19 and other respiratory infections are very similar. It is not possible to tell if you have COVID-19, flu or another respiratory infection based on symptoms alone.

Symptoms of COVID-19, flu and common respiratory infections include:

- continuous cough
- high temperature, fever or chills
- loss of, or change in, your normal sense of taste or smell
- shortness of breath
- unexplained tiredness, lack of energy
- muscle aches or pains that are not due to exercise
- not wanting to eat or not feeling hungry
- headache that is unusual or longer lasting than usual
- sore throat, stuffy or runny nose
- diarrhoea, feeling sick or being sick



If a pupil or member of staff has symptoms of a respiratory infection, such as COVID-19, and they have a high temperature or do not feel well enough to come to school/work or carry out normal activities, they are advised to stay at home and avoid contact with other people until 24 hours after they no longer have a high temperature.

People who are at higher risk from COVID-19 and other respiratory infections include:

- older people
- those who are pregnant
- those who are unvaccinated
- people of any age whose immune system means they are at higher risk of serious illness
- people of any age with certain long-term conditions

The following actions will reduce the chance of passing on infection to others:

- wear a well-fitting face covering made with multiple layers or a surgical face mask
- avoid crowded places such as public transport, large social gatherings, or anywhere that is enclosed or poorly ventilated
- take any exercise outdoors in places where you will not have close contact with other people
- cover your mouth and nose when you cough or sneeze; wash your hands frequently with soap and water for 20 seconds or use hand sanitiser after coughing, sneezing and blowing your nose and before you eat or handle food; avoid touching your face.

Individuals with mild symptoms such as a runny nose, sore throat, or slight cough, who are otherwise well, can continue to attend their education setting.

Individuals who are unwell and have a high temperature should stay at home and avoid contact with other people, where they can. They can return to school, and resume normal activities 24 hours after they no longer have a high temperature and are well enough to attend. All individuals with respiratory symptoms should be encouraged to cover their mouth and nose with a disposable tissue when coughing and/or sneezing and to wash their hands after using or disposing of tissues.

What to do if you have a positive COVID-19 test result

Staff

If a member of staff has a positive COVID-19 test result, it is very likely they have COVID-19 even without symptoms. The infection can be passed onto others, even when asymptomatic.

Many people with COVID-19 will no longer be infectious to others after 5 days. If a member of staff has a positive COVID-19 test result or displays symptoms including high temperature, fever or chills, they should stay at home and avoid contact with other people for 5 days after their positive result.

At the end of this period, if the individual has a high temperature or feels unwell, they should continue to stay at home and avoid contact with other people until 24 hours after they no longer have a high temperature and they feel well enough to resume normal activities.

THE SIMPLE GUIDE TO LIVING WITH COVID IN SCHOOL CONTINUED

COVID-19 positive individuals should avoid meeting people at higher risk of becoming seriously unwell from COVID-19 (see above list) for 10 days after the positive COVID-19 test result.

Pupils aged 18 years and under

It is not recommended that children and young people are tested for COVID-19 unless directed to by a health professional.

If however, a child or young person has a positive COVID-19 test result or displays symptoms including high temperature, fever or chills, they should stay at home and avoid contact with other people for **3 days** after the day they took the test.

At the end of this period, if the individual has a high temperature or feels unwell, they should continue to stay at home and avoid contact with other people until 24 hours after they no longer have a high temperature and they feel well enough to resume normal activities.

After 3 days, if they feel well and do not have a high temperature, the risk of passing the infection on to others is much lower. This is because children and young people tend to be infectious to other people for less time than adults.

Children and young people who usually go to school, and who live with someone who has a positive COVID-19 test result should continue to attend as normal.

Contacts are at lower risk of becoming infected and do not need to stay away from school or college.

Avoiding transmission

To avoid infection spreading in a school we will continue to:

1. Encourage staff and pupils to get vaccinated.
2. Ensure the school and classrooms are well ventilated.
3. Continue to support the practise of good hygiene:
 - Encourage hand washing regularly throughout the day and the use of hand gel for all staff and pupils
 - Encourage staff and pupils to cover coughs and sneezes
 - Continue with enhanced cleaning of the school and in particular high touch points
 - Maintain the one in, one out toilet protocols.

Otherwise, life has largely returned to normal in school, face coverings are not generally required.



Don't Forget the Blog, Twitter and now Facebook! A great way to see what is going on at school.

Just a reminder to Parent/Carers that the school website is full of useful information and links. These are being expanded all the time. Remember most letters are not sent home in hard copy. You will receive a text alert when letters are published. In addition from the Homepage is a link to our School Blog. This is a fascinating electronic diary with photographs showing special events and classroom activities in the school. It forms a wonderful record of life at Woodmansey CE Primary School. If you haven't seen it, I

recommend you take a look, it is well worth it.

If you haven't received a text from the school by the end of this week it means that your mobile phone number has not been registered on our system. **Please let us know urgently.**

Many of you now follow our **Twitter** page @WoodmanseyPS to keep updated with 'as it happens' learning. Please do repost our tweets as it spreads the news of our wonderful school far and wide!

We now have a new **Facebook** page which will also include a snapshot of life at Woodmansey but also support new parents in finding us in their search for a new school. Please like and share!

Have you received a text from the school this week? If not please tell us.

GOLD AWARD MAINTAINED!



We are delighted to announce that we, Woodmansey CE Primary School, have achieved the School Games Gold Mark Award for the 2021/22 academic year.

The School Games Mark is a Government-led award scheme launched in 2012, facilitated by the Youth Sport Trust to reward and recognise school's engagement (provision and uptake) in the School Games against a national benchmark and to celebrate keeping young people active, and we are delighted to have been recognised for our success.

This award recognises the hard work and commitment to physical activity, competition and personal challenges in our school. For small schools, maintaining the opportunities to compete with other schools can be difficult, but this award recognises the work carried out by Miss. Williamson and the staff team to ensure that our children have opportunities to compete at school and local levels.

We are extremely proud of our pupils for their dedication to all aspects of physical activity and school sport, including those young volunteers, leaders and officials who made our events possible. We are committed to using the School Games to try and engage those young people who haven't previously been active or represented our school and to try and ensure that all our students have a positive experience and want to try out new activities beyond school too in our community. We believe in the power of physical activity and school sport as a school and give opportunities to those young people that need it most either as a participant, leader, official or volunteer.

As part of our application, we were asked to fulfil criteria in the areas linked to the five School Games outcomes and we are pleased that the hard work of everyone at our school has been rewarded this year.

A special thanks must go to Miss. Williamson, Mrs. Barber and our Year 5/6 Sports Leaders.

We look forward to applying once again in 2023!



CLUBS: What's on at Woodmansey

FROM THE WEEK COMMENCING: **Monday 12th September 2022**

Day	Club	Time	Open to...	Led by...
Monday	Gymnastics	3.30pm - 4.30pm	Years 1 & 2	First Step Sports
Tuesday	Coding Club	12.30 - 1.10pm	Years 3-6	Mrs. Barber
	Football	3.30pm - 4.30pm	Years 3-6	First Step Sports
Wednesday	Irish Dancing	3.30pm - 4.30pm	Years 3-6	Mr. McEntegart
Thursday	Woodmansey Wonderers	12.30pm - 1.10pm	Years 1-6	Beverley School's Christian Society
	Book Café	3.30pm - 4.30pm	Years 2-6	Mrs. Kett
Friday	Basketball	12.30 - 1.10pm	Years 3-6	Mr. McEntegart
	Gymnastics	3.30pm - 4.30pm	Years 3-6	First Step Sports

WE STILL PROVIDE AN OUTSTANDING RANGE OF CLUBS. PLEASE ENCOURAGE YOUR CHILDREN TO MAKE THE MOST OF WHAT WE OFFER.

PARKING GOOD BEHAVIOUR

Restrictions apply, virus or no virus, sun or rain.

I wish to remind drivers not to park or drop off in front of the school gates or to stop or park within the yellow zig-zag lines. This can dangerously mix vehicles with children entering or leaving the school. It is also vital that parents do not block or obstruct Mr. Taylor's view by parking, when he is on the crossing patrol.

Good habits had been made and you have all been so understanding, particularly as the school is not situated in an ideal location for parking.

However, it only needs one car to cause a disruption. As we reintegrate all children back into

school, please can I ask all parents to remind others e.g. grandparents of the parking expectations.

Please remember that all these measures are designed to protect your children. A zero tolerance to infringement ensures that we keep the area safe. Turning a blind eye only ends up with the situations we see often on the news at other schools across the country.

In the current circumstances I would prefer not to have to personally discuss issues with drivers.

I am sure everyone understands that those crossing must keep moving swiftly and at a suitable distance. I also remind everyone not to cross behind him. It is actually quite a complex crossing and is hindered by those crossing behind the crossing patrol officer.

The need to park properly is just as important in wet weather as it is on a sunny day.



MOBILE PHONES

Our protocol

Although not encouraged I must accept that a number of parents wish their Y6 children to have a mobile phone available to and from school.

Year 6 children may bring a mobile phone to school, providing a parent/carer has completed the protocol agreeing to the following that has been discussed with their child. The slip is at the end of this newsletter and can be sent home as a hard copy by request.

- Phones remain switched off throughout the site inside and outside.
- Phones are remain in the child's book or sports bag.
- The school takes no responsibility for any phones brought on site.
- Any child using their mobile phone on site will have it confiscated, to be collected from the school office by a parent/carer.
- Any child found to be using their device for vexatious purposes will similarly have their phone confiscated to be collected from a member of the Senior Management Team by a parent/carer.
- Any child in school with a mobile phone without an agreed protocol will have the phone confiscated to be collected from the school office by a parent/carer.

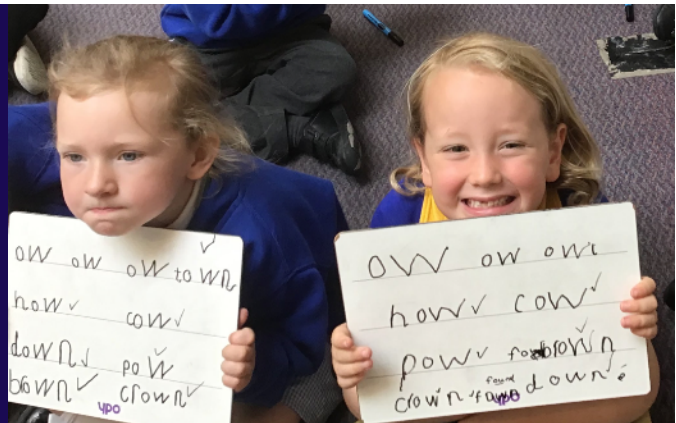
Any parent of a child in a younger class will need to write to the Head of School explaining why it is essential that the child brings a mobile phone to school.

Any other personal devices e.g. watches that connect to the internet are not to be brought to school.

A Special Meeting for Parents/Carers of the Foundation Stage - 5.10.22

Advance warning that FY Parents/carers will be invited to a meeting explaining how we go about teaching phonics and number in school. It will give tips on how to help at home and what to expect from the school. There will also be a brief introduction to some of the changes happening within the EYFS curriculum.

The session will begin with a full tour of the school at **9am**, ending in your child's foundation class to observe phonics in action. Parents will then receive an explanation guide with Ms. Eastwood in the school hall.



Have you received a text from the school this week? If not please tell us.

Don't Forget the Blog

A great way to see what is going on at school.

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JUDAISM

An introduction to our focus faith for the year ahead



Every year we cover Christianity and compare and contrast it with just one other faith. This enables a greater understanding of the focus faith with much less confusion and a greater continuity in the study of Christianity. Buddhism, Judaism, Hinduism, Islam and Sikhism are our chosen faiths and has led to a very successful programme of RE being covered across the school. I have been very pleased with the way in which the subject has been revitalised. This year we return to Judaism as our featured faith for 2022/23, which will be studied alongside Christianity. As a school we shall be able to recognise significant festivals and understand the nature of the faith. We shall arrange for all the children from Y1 to Y6 to visit a local Synagogue.

Judaism has about 13 million followers throughout the world, mostly in USA and Israel. Approximately 270,100 people in the UK said that their religious identity was Jewish (2011 census).

Judaism originated in the Middle East over 3500 years ago.

Moses was the main founder of Judaism, but Jews can trace their history back as far as Abraham.

6 million Jews were murdered in the Holocaust in an attempt to wipe out Judaism.

Beliefs

Jews believe that there is only one God.

Jews believe they have a special agreement or covenant with God. In exchange for all the good that God has done for them, Jewish people keep God's laws and try to bring holiness into every aspect of their lives.

Judaism is a faith of action and Jews believe people should be judged not so much on what they believe

as on the way they live their faith - by how much they contribute to the overall holiness of the world.

Holy Books

The most holy Jewish book is the Torah (the first five books of the Hebrew Bible) which was revealed by God to Moses on Mount Sinai over 3,000 years ago. The Torah, together with the Talmud (commentary on the Torah), give the Jewish people rules for everyday life. Observing these rules is central to the Jewish religion.

Worship

Jews worship in Synagogues

A Jewish Religious leader is called a Rabbi (literally 'teacher')

Shabbat (The Sabbath)

The family and community are very important within Jewish life.

The most important day of the week is Shabbat (the Sabbath). It is the day on which Jews remember the seventh day of creation on which God rested. On Shabbat Jews stop working and make time for God and family life.

Shabbat starts on Friday evening and ends at sunset on Saturday.

Shabbat begins with the family sharing a meal.

During Shabbat, services are held at the synagogue, often led by a Rabbi.

Jewish festivals

The most important Jewish festivals are:

- Pesach (Passover)
- Rosh Hashanah (the New Year)
- Yom Kippur (the Day of Atonement)
- Hanukkah (the Festival of Lights)

Jewish symbols

The emblem of the Jewish people is the Magen David (Shield of David), also known as the Star of David.



VITAL MEETINGS FOR PARENT/CARERS OF YEAR 2 and YEAR 6

Meeting for Y6
Parents: Monday 19th
September 2022
Meeting for Y2
Parents: Monday 26th
September 2022
5.30pm - 6.30pm

Parents/Carers of Year 2 and 6 children will be aware that in 2023 the children will be assessed against national expectations. Parents/Carers are invited to attend a meeting designed to explain what to expect and how best pupils and parents/carers can be prepared for these important tests and assessments. The Y6 tests will be taken in the week commencing 8th May 2023.



PARENTS HAVE FOUND THESE MEETINGS EXTREMELY USEFUL, AND SOMEWHAT SURPRISING... You will probably be amazed by the expectations which are placed on our children these days. It is way above what was ever expected in our Primary School days.

x

Please note absence will NOT be authorised for Y6 pupils in April or May for any reason.

Absence for Y2 pupils will not be authorised in May and June.

HARVEST FESTIVAL A chance to give thanks

Every year we hold a special Harvest Festival Assembly.

On **Monday 3rd October 2022**, children are invited to bring Harvest Gifts to school. As we did last year however I invite pupils to bring long life tinned, jarred, dried or bottled food stuffs. We ask not to send fresh foodstuffs. All the donations this year will be

given to the Beverley Food Bank for distribution. In view of all the difficulties being experienced by many people in our own town, this seems an appropriate moment to use our festival of thanks to make a particular difference for people facing hardship. It was an amazing collection last year and was hugely appreciated by the charity. We appreciate all that you can give this year.



HOLIDAYS IN TERM TIME

A reminder of the legal changes announced in July 2013.

The school is obliged to follow the Council's policy on absence from school in term time which meets the statutory framework.

Basically the former procedure where Head Teachers could authorise up to ten days absence in a year disappeared in 2013.

It is no longer possible to authorise holiday absence for example because of employment constraints, cost, to visit sporting events, or to see Father Christmas in Lapland.

There are a **very few minor exemptions** but short of bereavement or serious medical condition it is practically impossible to secure authorisation. The increased fines remain based on 5 days of accumulated



The starting point of the government's policy is that children do not take time off in term time.

The full policy which was suspended during the Summer Term is now restored. Absence due to being instructed to "self isolate" will be authorised, providing this was not avoidable i.e. by taking a holiday in a country knowing that quarantine on return would be required.

unauthorised absence, per child, per parent. I am legally bound to inform all parent/carers that I am not in a position to authorise any holiday absence.

Parents can however do quite a lot to avoid falling into the trap of accumulating unauthorised absence to the level of receiving a fine. If in doubt please do not hesitate

to contact me **before** making a booking.

woodmansey.head.primary@eastriding.gov.uk

In addition, please don't ask the children to keep a secret or pretend they have been ill. They just can't resist telling someone, usually the teacher, where they have really been.

KEEPING IN TOUCH

We know the importance of communication.

Life is busy and sometimes sending a quick message to the class teacher can solve many problems. As teachers are not available at drop off, as they are busy in the classrooms teaching, please email and if needed, a phone call can be arranged or a short meeting after school. The teacher email addresses are as follows:

seastwood@woodmanseyprimary.school

jkett@woodmanseyprimary.school

dmcentegart@woodmanseyprimary.school

ewilliamson@woodmanseyprimary.school

lbrannigan@woodmanseyprimary.school

BOOK BAGS ARE ESSENTIAL

We provide the rest.

More than ever it is imperative that children have a book bag. These are available on line priced £4.50 or £9 for the stronger Hi-Viz bag (more suitable for older children).

Children need to keep their reading book in this bag at all times and to carry it around if they are moving from class group to numeracy lesson. Children will also need to keep homework, music and their recorder in the bag at all times. Year 6 particularly need to ensure that they still have a bag. This book bag needs to be seen as different to one which may hold other things.

As before children should not bring toys, sweets or even pencils, pencil cases or other stationery products to school. We will provide everything they need.

WATER BOTTLES

Just a reminder

The school Water bottle should still be brought to school, but please ensure names are clear on the lid. We can do this for parents/carers if necessary. Every child is entitled to one new bottle, free per year. **Our stock of bottles are Eco friendly, because not only are they not single use plastic, that are compostable.** We will make sure every child has a school water bottle. We will not give one to a child if he or she already has one, but a record is kept to ensure that every child will receive one free bottle during the school year if their current bottle wears out or is lost.

Additional Replacement bottles are available from the office at a cost of £1.20 per bottle. Worn out caps will be replaced for 40p. Whereas the drink contained should only be water; a SUGAR FREE juice drink is allowed. Drinks with packed lunches must be stored separately with the packed lunch.



Remembering the people of Ukraine.

SUNFLOWER COMPETITION

I hope that the children's sunflowers are growing strongly skyward. In order to enter a height, please take a photograph with the grower and a tape measure showing the height of the sunflower in metres and centimetres. The photo should be emailed to your child's

SWEETS & CAKES FOR BIRTHDAYS A Reminder

sweets and in some cases children were given sweets they are not able to eat.

Please can I remind parents and carers that sweets / buns etc for birthdays should not be brought to school and will not be handed out by staff inside the school grounds.

This policy was adopted as parents felt pressured to provide



new teacher. Last year's Y6 can send them to Mrs. Nicholls.

There will be a prize for the tallest sunflower in each year group and also the overall winner.

The deadline is Friday 14th October 2022, so there is still plenty of time.

HEALTH FORTNIGHT w/c 6.9.22

It's Cool to be Calm

In recent years our Health Weeks have been moved to the beginning of the autumn term with great effect. Mrs. Charlton, our SENDCO has created an amazing programme for us in 2022.

It's Cool to be Calm will begin with a story in each year group. This will also lead nicely into our Reading Explorers Week later in the month.

Foundation Year: With simple peaceful illustration and calming rhythmic rhyme Mani the Manatee will share how he stays calm from head to toe. Teaching a child they have the power of calm breath like Mani the Manatee is a wonderful lifelong tool they can call on in times of stress, overwhelm, strong emotions, or when they find it hard to calm down and be present. This gentle and reassuring book offers a simple and effective rhyme and breathing technique that can be used to reassure and reset emotions to calm and helps foster self regulation and emotional control. It is a wonderful way to find calm, peace and introduce mindfulness. Also comes with additional activity prompts. We all feel better connecting with our calm superpower.

Year 1 and 2: Breathing is my Superpower teaches children to regulate their emotions, especially if they are feeling upset, angry, or stressed.

Sofia will show your little ones how to control their breathing in various situations, whether at school, at home, or on the playground. Breathing Techniques presented in the book, will help calm your children and show them a fun way of managing their own body, breath, and emotions.

Discover 5 simple breathing techniques for kids to help control their feelings:

- To relax when they think adults do not understand them.
- To deal with anger, fears and worries.
- To cope with rejection at school.
- To regain self-confidence.
- To give kids relief from anxiety and teach them yoga basics.
-

Year 3 and 4: When little Nick starts to miss everything that happens around him, his dad teaches him to deal with worries in a fun and playful way. By using kids' breathing techniques and other helpful tips, Nick learns to control his big feelings and becomes mindful.

This picture book is suitable for preschool kids as well as children ages 6-10, it contains lovely hand-drawn illustrations and charming rhymes. With an extra coloring page inside, this book will help your children:

- to enjoy every moment and all the things surrounding them;
- to use their senses and meditation in order to get rid of anxiety;
- to share kindness and empathy towards others;
- not to worry about things that haven't happened yet;
- to use mindful kids' activities in their daily life.

Year 5 and 6: This tale follows our friend the Anxious Avocado as he encounters his various friends, from the Concerned Cookie, the Worried Waffle to the Panicked Peach and more! Each one of his friends offers him advice on how to help deal with his anxiety about starting at a new school.

Each friend describes a memory of a time when they had anxiety about something and a technique they used to help them deal with their feelings and calm down. For example, the Confused Cocoa teaches his friend to take deep breaths when you feel stressed and pretend you are blowing on a hot cup of cocoa!

Six techniques for dealing with daily anxiety are covered in the story in a fun and age appropriate way that helps children remember them when they need them.

A little book of calm: To support a child in their self-regulation strategies 'calming' techniques are essential. So the focus of the week is to share a range of calming techniques with the children and the end product is for them to create their own book of calm with 4 or 5 strategies they feel work for them. This is then their tool to use throughout the year. Younger groups will do this collectively.

We all look forward to an exceptionally calm start to the new school year.





WOODMANSEY CE
PRIMARY SCHOOL

Y6 WOODMANSEY CE PRIMARY SCHOOL **Mobile Phone Protocol and Agreement**

Name of Child in Year 6: _____

Date: _____

As parent/carer I confirm that I have discussed the following with my child and accept responsibility for my child bringing a mobile phone into school in accordance with this protocol.

- Phones remain switched off throughout the site inside and outside.
- Phones are to remain in the school book bag at all times on the school site.
- The school takes no responsibility for any phones brought on site.
- Any child using their mobile phone on site will have it confiscated, to be collected from the school office by a parent/carer.
- Any child found to be using their device for vexatious purposes will similarly have their phone confiscated to be collected from a member of the Senior Management Team by a parent/carer.
- Any child in school with a mobile phone without an agreed protocol will have the phone confiscated to be collected from the school office by a parent/carer.

Signed Parent/Carer: _____

If your child requires a mobile phone to support them in coming to and leaving school independently, please read, sign and return this form to us.

DIARY

PLEASE PIN THIS PAGE TO YOUR HOUSEHOLD NOTICEBOARD.

2022

September

- Mo 5th TRAINING DAY – See Staff Training
- Tu 6th School re opens
- Tu 6th Health Weeks
- Th 8th Health & Safety Site Check with Y5/6 Pupil Council
- Fr 9th Brazilian Day Lunch
- Fr 16th 12:00 Mexican National Day Lunch
- Mo 19th Reading Explorers week
- Mo 19th Meeting for P/C of Y6 Note 5:30pm start
- Mo 26th Meeting for P/C of Y2 Note 5:30pm start

October

- Mo 3rd 10:15 Harvest Assembly, tinned or dried donations please
- Mo 3rd 12 noon Harvest Mega Buffet
- Tu 4th Health & Safety Governors Meeting
- Tu 4th Finance & Personnel Governors Meeting
- We 5th FY Tour Phonics and Early Reading meetings for Foundation Year Parents in hall.
- Fr 7th 10:15am Launch of Charity Fundraising Appeal
- Fr 7th 3:15pm – 5:15pm PTFA KS1 CINEMA NIGHT
- We 12th Spanishness Day Lunch
- Fr 14th History Day
- Fr 14th 3.30pm - 5.30pm - PTFA KS2 CINEMA NIGHT
- Mo 17th Consultation Evening
- We 19th Consultation Evening
- Th 20th 9am – 12 noon KS2 HOCKEY TOURNAMENT
- Th 20th 2.45pm Sunflower Competition
- Fr 21st Individual and sibling photos
- Fr 21st Trafalgar Day Lunch
- Fr 21st Break up for HALF TERM
- Mo 31st Return to school

